



PRCS Monsoon Situation Report (SITREP)

Pakistan Red Crescent Society (PRCS)

SITREP No:	11
Reporting Period:	7 th July- 21 st July 2026
Date of Report:	21 July 2026
Prepared by:	PMER Department, PRCS NHQ

1. Overview / Key Highlights

The 2026 southwest monsoon has continued to affect several parts of Pakistan since its onset, bringing intermittent to heavy rainfall that has significantly increased the risk of flash floods, riverine flooding, cloudbursts, landslides, urban flooding, thunderstorms, and Glacial Lake Outburst Flood (GLOF)-related incidents, particularly across northern and mountainous regions. Successive monsoon spells have impacted Gilgit-Baltistan, Khyber Pakhtunkhwa, Punjab, Balochistan, Azad Jammu and Kashmir (AJK), and Islamabad Capital Territory, resulting in localized flooding, damage to critical infrastructure, disruption of transport and communication networks, and humanitarian impacts in several vulnerable districts. The National Disaster Management Authority (NDMA), Provincial Disaster Management Authorities (PDMAs), and the Pakistan Meteorological Department (PMD) continue to closely monitor the evolving situation and issue regular weather advisories and impact-based forecasts.

Between 07 and 21 July 2026, monsoon activity remained active across several parts of the country, with intermittent to heavy rainfall continuing to trigger flash floods, cloudbursts, landslides, urban flooding, riverbank erosion, and localized infrastructure damage. According to the latest forecasts and advisories issued by the Pakistan Meteorological Department (PMD) and the National Disaster Management Authority (NDMA), multiple monsoon systems continued to affect Gilgit-Baltistan, Khyber Pakhtunkhwa, Azad Jammu and Kashmir (AJK), Punjab, and parts of Balochistan. During the reporting period, incidents were reported from Gilgit-Baltistan, Khyber Pakhtunkhwa, Punjab, Balochistan, and Azad Jammu and Kashmir, with the most affected districts including Diamer, Ghizer, Ghanche, Nagar, Astore, Lower Chitral, Upper Chitral, Shangla, Khyber,

Lower Dir, Mardan, Rajanpur, Dera Ghazi Khan, Khuzdar, and Neelum. Reported impacts include flash floods, cloudbursts, landslides, damage to residential houses, schools, roads, bridges, irrigation channels, water supply schemes, electricity infrastructure, standing crops, orchards, and public facilities, resulting in casualties, injuries, displacement, and disruption of essential services. Provincial Disaster Management Authorities (PDMAs), district administrations, rescue services, and relevant line departments continue to undertake rapid assessments, emergency response, and restoration activities in the affected areas.

On 19 July 2026, a cloudburst occurred at Lari Mengal, Doga Top, Katha Peeran, Union Council Salkhala, Tehsil Athmuqam, District Neelum, Azad Jammu and Kashmir, triggering a flash flood in Nala Katha Peeran. According to the initial incident report received from the Pakistan Red Crescent Society (PRCS) AJK District Neelum Branch, the incident affected government and private educational institutions, residential houses, commercial shops, and vehicles, causing significant damage to local infrastructure and livelihoods. Rescue teams and relevant government departments were immediately deployed to the affected area, where rapid damage assessments were initiated, and the relocation of affected families to safer locations commenced. Detailed assessments remain ongoing.

On the same day (19 July 2026), heavy rainfall also triggered flash flooding in Rupal Valley, Sub-Division Shounter, District Astore, Gilgit-Baltistan. Initial reports indicated no loss of life, injuries, or damage to residential houses, while minor damage to agricultural crops was reported. Subsequently, on 21 July 2026, heavy rainfall triggered another flash flood in Louse Village, District Astore. According to the initial damage assessment conducted by the District Disaster Management Authority Astore, several houses were severely affected after floodwaters entered residential premises, damaging household belongings and essential assets. The Gilgit-Baltistan Disaster Management Authority (GBDMA) Astore Office has initiated arrangements to distribute emergency relief items to the affected households. Detailed assessments are continuing to determine the full extent of damages and any additional humanitarian needs.

Weather Forecast and Outlook (21–24 July 2026)

According to the latest weather advisories issued by the Pakistan Meteorological Department (PMD) and the National Disaster Management Authority (NDMA), monsoon activity is expected to remain active across several parts of the country through 24 July 2026. Moist monsoon currents from the Arabian Sea, supported by a shallow westerly wave affecting the upper parts of the country, are expected to produce rain-wind/thundershowers, with isolated heavy to very heavy rainfall over Khyber Pakhtunkhwa, Gilgit-Baltistan, Azad Jammu and Kashmir (AJK), Islamabad Capital Territory, the Potohar region, northeastern Punjab, and adjoining hilly areas.

Localized flash flooding in hill torrents and seasonal streams, urban flooding in low-lying areas, landslides, cloudbursts, and Glacial Lake Outburst Flood (GLOF)-related incidents remain possible, particularly across the mountainous districts of Gilgit-Baltistan, upper Khyber Pakhtunkhwa, Azad Jammu and Kashmir, Murree-Galiyat, and other upper catchment areas. Although the major rivers including the Indus, Jhelum, Chenab, Ravi, and Sutlej—are currently flowing within normal ranges and no significant riverine flooding is anticipated, authorities continue to closely monitor river flows, rainfall patterns, and vulnerable locations due to the possibility of localized high-impact weather events. The public is advised to avoid unnecessary travel in vulnerable mountainous areas, remain vigilant near rivers and nullahs, and follow official weather advisories issued by PMD and NDMA throughout the forecast period.

Casualties & Injuries (Last 24 Hours)

Deaths (Last 24 Hours)					
Province / Region	District(s)	Male	Female	Children	Total
Balochistan					
KP		3		3	6
Punjab					
Sindh					
Gilgit-Baltistan					
AJ&K			1	2	3
ICT					
Total		3	1	5	9
Injured Persons (Last 24 Hours)					
Province / Region	District(s)	Male	Female	Children	Total
Balochistan					
KP			1	1	2
Punjab		1			1
Sindh					
Gilgit-Baltistan					
AJ&K					

ICT					
Total		1	1	1	3

2. Displaced or Missing Persons (Last 24 Hours)

Province / Region	District(s)	Male		Female		Children		Total	
		Displaced	Missing	Displaced	Missing	Displaced	Missing	Displaced	Missing
Balochistan									
KP									
Punjab									
Sindh									
Gilgit-Baltistan									
AJ&K									
ICT									
Total									

3. Displaced or Missing Persons (Cumulative)

Province / Region	District(s)	Male		Female		Children		Total	
		Displaced	Missing	Displaced	Missing	Displaced	Missing	Displaced	Missing
Balochistan									
KP									
Punjab									
Sindh									
Gilgit-Baltistan									
AJ&K									
ICT									

Total									
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4. Damages to Infrastructure & Properties (Last 24 Hours)

Houses Damaged & Livestock Perished (Last 24 Hours)					
Province / Region	District(s)	Houses (Partial)	Houses (Full)	Total Houses	Livestock
Balochistan					
KP		2	1	3	
Punjab					
Sindh					
Gilgit-Baltistan					
AJ&K		17	8	25	2
ICT					
Total		19	9	28	2

5. Cumulative Figures

Deaths (Cumulative)				
Province / Region	Male	Female	Children	Total
Balochistan		2	3	5
KP	8	8	13	29
Punjab	5	3	2	10
Sindh				
Gilgit-Baltistan				
AJ&K		1	2	3
ICT				
Total	13	14	20	47
Injured Persons (Cumulative)				
Province / Region	Male	Female	Children	Total

Balochistan			13	13
KP	12	15	18	45
Punjab	40	8	17	65
Sindh				
Gilgit-Baltistan				
AJ&K				
ICT				
Total	52	23	48	123

6. Damages to Infrastructure & Properties (Cumulative)

Houses Damaged & Livestock Perished (Cumulative)				
Province / Region	Houses (Partial)	Houses (Full)	Total Houses	Livestock
Gilgit-Baltistan	17	32	49	9
KP	50	31	81	168
Sindh				
Balochistan	2	5	7	
Punjab	15	1	16	
AJ&K	17	8	25	2
ICT				
Total	101	77	178	179

7. PRCS Anticipatory Action: (Last 24 Hours)

Item/ Relief Service	BLN.	KP	Punjab	Sindh	GB	AJ&K	ICT	Total
# of People reached through Early warning messages								
People Evacuated								
Mosquito Nets distributed at evacuation sites								

Multipurpose cash assistance for evacuation, early harvesting and subsistence								
# of Jerry Cans distributed at evacuation sites								
# of Hygiene Kits distributed at evacuation sites								
# of Aqua Tabs distributed at evacuation sites								
# of health and hygiene awareness session conducted at evacuation sites								
# of people reached through health and hygiene awareness sessions at evacuation sites								

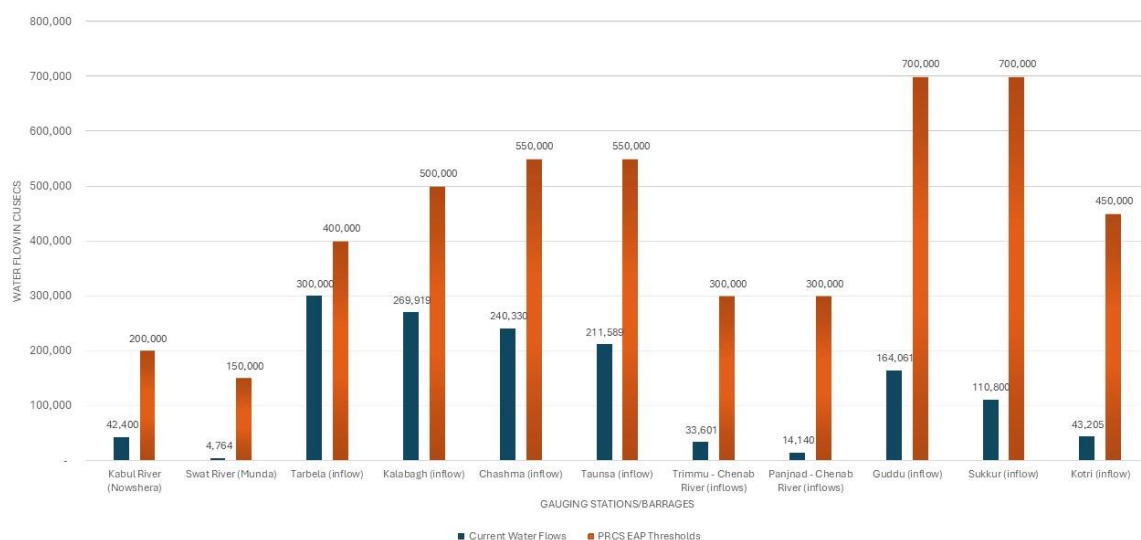
8. PRCS Anticipatory Action: (Cumulative)

Item/ Relief Service	BLN.	KP	Punjab	Sindh	GB	AJ&K	ICT	Total
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People Evacuated								
Mosquito Nets distributed at evacuation sites								
Multipurpose cash assistance for evacuation, early harvesting and subsistence								
# of Jerry Cans distributed at evacuation sites								
# of Hygiene Kits distributed at evacuation sites								
# of Aqua Tabs distributed at evacuation sites								
# of health and hygiene awareness session conducted at evacuation sites								
# of people reached through health and hygiene awareness sessions at evacuation sites								

- PRCS National Headquarters (NHQ) remains in close coordination with the Pakistan Meteorological Department (PMD) and the Flood Forecasting Division (FFD) to

continuously monitor the evolving weather situation and potential flood risks across the country.

- PRCS is closely monitoring the activation triggers and thresholds of the Riverine Floods Early Action Protocol (EAP) for the Indus River and its major tributaries to ensure timely anticipatory action.
- As of 21 July 2026 (6:00 hours), observed river flows at all monitored gauging stations remain below the pre-agreed PRCS EAP activation thresholds (shown in below figure). Therefore, the EAP has not yet been activated, and the situation continues to be monitored closely.



Section 1: Kabul & Sawat River, **Section 2:** Tarbela to Taunsa, **Section 3:** Taunsa to Panjnad, **Section 4:** Trimmu to Panjnad, **Section 5:** Panjand to Guddu, **Section 6:** Guddu to Kotri

- PRCS remains operationally ready to activate the Riverine Floods EAP immediately if the agreed activation thresholds are reached.
- Upon EAP activation, PRCS will implement anticipatory actions, including:
 - Dissemination of early warning and risk communication messages to at-risk communities.
 - Support for evacuation through the deployment of trained PRCS volunteers.
 - Provision of Multipurpose Cash Assistance (MPCA) to eligible households.
 - Distribution of essential health, hygiene, and relief items at designated evacuation sites.
 - Continued coordination with NDMA, PDMA, district administrations, PMD, FFD, IFRC, and other Movement partners to support timely and effective early action.

9. PRCS Relief & Response Activities (Last 24 Hours)

Item/ Relief Service	BLN.	KP	Punjab	Sindh	GB	AJ&K	ICT	Total
Tents Distributed								

Ration Packs								
Blankets/Quilts								
Hygiene Kits								
Medical Consultations/MHTs								
Persons Evacuated/Rescued								
Relief Camps Operated								
Drinking Water Provided (Ltr.)								
Restore lost contacts (Person)								

- PRCS National Headquarters (NHQ) remains in close coordination with all Provincial and District Branches, the National Disaster Management Authority (NDMA), Provincial/State Disaster Management Authorities (PDMAs/SDMA), district administrations, and other relevant government departments to continuously monitor the evolving monsoon situation and assess humanitarian needs.
- The PRCS Emergency Operations Centre (EOC) continues to monitor weather forecasts, official advisories, and field updates on a 24/7 basis, ensuring timely information sharing and coordination with Provincial and District branches, government authorities, and Movement partners.
- PRCS remains at standby, with contingency arrangements in place to support emergency response should the situation deteriorate, or additional humanitarian assistance be required.
- District Disaster Response Teams (DDRTs), Community Disaster Response Teams (CDRTs), National Disaster Response Team (NDRT) members, First Aid volunteers, and trained staff remain on standby for immediate deployment to support search and rescue, first aid, emergency relief distribution, rapid needs assessments, and other humanitarian response activities.
- Emergency Operations Centers (EOCs) at National and Branch levels remain operational to facilitate coordination, information management, and response planning.
- Pre-positioned emergency relief stocks, including food and non-food items, shelter materials, hygiene kits, and first aid supplies, remain available at strategic locations and can be mobilized rapidly to support affected communities, subject to identified needs and operational requirements.
- Response activities in the affected areas continue to be led by the respective district administrations and disaster management authorities, while PRCS maintains close liaison and stands ready to provide humanitarian assistance upon request.
- Following the 19 July 2026 cloudburst in District Neelum, Azad Jammu and Kashmir (AJK), the PRCS AJK state and District Neelum Branches immediately coordinated with the district administration and relevant authorities, shared the initial incident report with NHQ, and activated branch-level monitoring and coordination mechanisms.

- PRCS volunteers and branch staff are supporting rapid needs assessments in coordination with the district administration to identify the immediate humanitarian needs of affected families. The situation continues to be closely monitored, and further updates will be shared as detailed assessments become available.
- PRCS NHQ continues to closely coordinate with the AJK Branch, NDMA, SDMA, and district administration to monitor the evolving situation and ensure timely humanitarian assistance, if required.

Cumulative Relief & Response Activities of PRCS

Item	BLN.	KP	Punjab	Sindh	GB	AJ&K	ICT	Total
Tents Distributed								
Ration Packs								
Blankets/Quilts								
Hygiene Kits								
Cash Grants (HHs)								
Medical Consultations/MHTs								
Persons Evacuated/Rescued								
Drinking Water Provided (Ltr.)								
Restore lost contacts (Person)								

- No relief distributions have been undertaken by PRCS during this reporting period.
- Continuous coordination is maintained between PRCS NHQ, Provincial and District Branches, NDMA/PDMAs, and district authorities.
- Operational preparedness remains active, with DDRTs, CDRTs, NDRTs members, First Aid volunteers, and pre-positioned emergency response stocks on standby for immediate deployment, if required.
- Continuous monitoring and information sharing are maintained at all levels, with regular situation updates provided to PRCS NHQ and Movement partners.

10. Current Challenges & Needs

- Damage assessments are ongoing in affected areas.
- Access to affected communities may become challenging if rainfall continues.
- If the situation escalates, additional relief stocks and emergency response resources may be required.

11. Way Forward / Planned Actions

- Continue close monitoring with PRCS branches, and the government departments at all levels.

- Readiness of Response Teams for rapid deployment.
- To support humanitarian response upon request from competent authorities.
- To continue information sharing with Movement Partners.
- Monitor additional monsoon-related incidents across Pakistan for inclusion in subsequent reporting.

12. Key Highlights of Government Response

- The government immediately activated emergency response mechanisms.
- Heavy machinery on standby.
- The government-initiated damage assessments in the affected areas.
- The relocation of affected families to safer locations has been initiated in the affected areas.
- The district authorities have initiated arrangements to distribute emergency relief items to the affected households.

13. Contact Details

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14. Sources of Information:

- ☒ Government Disaster Management Authorities
- ☒ Social media
- ☒ PRCS branches
- ☒ PRCS NHQ